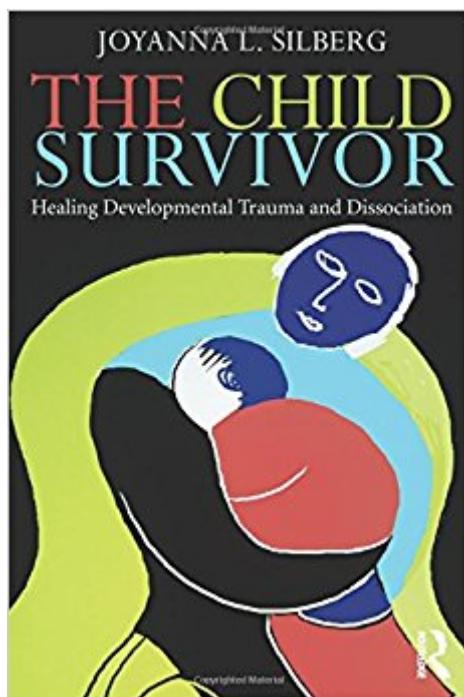


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# The Child Survivor: Healing Developmental Trauma And Dissociation



## **Synopsis**

The Child Survivor is a clinically rich, comprehensive overview of the treatment of children and adolescents who have developed dissociative symptoms in response to ongoing developmental trauma. Joyanna Silberg, a widely respected authority in the field, uses case examples to illustrate hard-to-manage clinical dilemmas such as children presenting with rage reactions, amnesia, and dissociative shut-down. These behaviors are often survival strategies, and in The Child Survivor practitioners will find practical management tools that are backed up by recent scientific advances in neurobiology. Clinicians on the front lines of treatment will come away from the book with an arsenal of therapeutic techniques that they can put into practice right away, limiting the need for restrictive hospitalizations or out-of-home placements for their young clients.

## **Book Information**

Paperback: 288 pages

Publisher: Routledge; 1 edition (October 18, 2012)

Language: English

ISBN-10: 0415889952

ISBN-13: 978-0415889957

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ  See all reviewsÂ  (12 customer reviews)

Best Sellers Rank: #468,357 in Books (See Top 100 in Books) #64 inÂ  Books > Health, Fitness & Dieting > Mental Health > Dissociative Disorders #484 inÂ  Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Pediatrics #789 inÂ  Books > Medical Books > Medicine > Internal Medicine > Pediatrics

## **Customer Reviews**

Family court judges, mental health professionals, social workers, clergy, teachers, parents, and foster parents can finally get some traction to help children who have been traumatized by abuse or neglect. Dr. Joyanna L. Silberg, psychologist at the Sheppard Pratt Health System in Maryland, has written a breakthrough book for those trying to make sense of children who dissociate and do upsetting things without remembering or understanding the reason for their behavior. Silberg assumes that children adapt and cope out of necessity. "Everything the child is doing, whether it is cutting, lying, hitting, stealing, or fighting, is based on good and important reasons," she writes, and children have the ability to change their behaviors in order to reach their goals. A superb writer, she

avoids scholarly jargon while describing mysteries as an adventure: Why does a teenager abruptly fall asleep in the midst of a counseling session? What part of a young mind holds the secret information that explains a sudden outburst? The beauty of Silberg's therapy is that it relies on a respectful partnership between the therapist and client, even a little child, as they discover those clues together - a process that educates both of them. In fact, "EDUCATE" is the acronym the author uses to remind readers of the interventions she has devised to escape the cycle and bring healing. Her practical checklists make this book a valuable reference tool. I first felt the need for this kind of approach as a pastor and counselor when I realized that traditional talk-therapy could re-traumatize adult survivors.

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